

SOUNDINGS

Spring 2003

Alaska, Alberta, British Columbia, Hawaii, Oregon, Washington



The Newsletter of The Northwest Association of College and University Housing Officers

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The Northwest Association of College and University Housing Officers is a professional organization whose purpose is to contribute to the improvement and coordination of housing, residence life, and food service operations of our member institutions. NWACUHO sponsors activities to assist its members in exchange of ideas related to the administration of their organization and the professional development of its members.

Soundings, the newsletter of NWACUHO, is published three times a year to provide information of the association and its member institutions, as well as present information affecting the housing, residence life and food service professions.

Soundings Publication Deadlines for 2003-2004:

October 1st
December 20th
March 30th

Soundings Editorial Board:

The editorial board is comprised of volunteer members from throughout the NWACUHO region. Duties include assisting in the development of an editorial schedule, submission of interest articles, and soliciting articles and feedback from the members of the association. If you are interested in being a member of the editorial board, please contact your state or provincial representative or the newsletter editor.

Editorial and Submission Policies:

Deadlines for publications are based on distribution needs, and therefore it is important that members honor the established deadlines. Material not received on time, or not used due to space limitations will be considered for use in the next issue. Because *Soundings* is the official publication of an educational association and reflects the professional standards of its members, necessary revisions will be made to ensure publication quality. *Soundings* also reserves the right to edit submittals for space requirements.

Authors bear full responsibility for references, quotations, and data accuracy of publications submittals. Authors also hold NWACUHO harmless from any liability resulting from publications of articles submitted for printing.

Be sure to clearly indicate the authors(s) and institution(s) on all submissions. Permission is granted to reproduce portions of *Soundings'* content with proper attribution and credit to *Soundings*.

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Please send all submissions (articles, letters to the association, updates from around the region, and announcements) to:

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** Please attach articles using (saving as a) MS word document or type it into the email.

EDITOR'S NOTES

The sun is ALMOST ready to make an appearance here in Oregon and that must mean Spring is in the air! At the University of Oregon and other quarter schools, we are in the midst of student mid-terms and fits of jealousy at our semester colleagues that have either closed or will do so very soon. Like most Student Affairs professionals, I love to see 'em come, and I love to see 'em go!

This issue marks a transition from the wonderful work Kyle Jordan did as Newsletter Editor to what promises to be a fun two years of my dabbings. I'm fortunate to have a wonderful assistant, Jill Shellan, to do much of the layout and design work and my thanks go out to both Kyle and Jill. The photo work in the edition is, I believe, mostly the capable work of Michael Glidden (U. Washington). It's available on the website (<http://www.nw-acuho.org/>) and should be up for a few more months.

This newsletter is your newsletter. Most submissions are printed as they come in and we're almost always looking for new articles to print. If you have a topic upon which you'd like to pontificate (or merely muse), give me a call or an e-mail and I'll do my best to find room. Let me know if you have suggestions for new topics or anything you'd like to change – there is ALWAYS room for improvement.

-Tem

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GREETINGS FROM THE PRESIDENT

The fox knows many things, but the hedgehog knows one thing. The fox is a cunning creature, able to devise a myriad of complex strategies for sneak attacks upon the hedgehog. Day in and day out, the fox circles around the hedgehog's den, waiting for the perfect moment to pounce. Fast, sleek, beautiful, fleet of foot, and crafty – the fox looks like the sure winner. The hedgehog, on the other hand, is a dowdier creature, looking like a genetic mix-up between a porcupine and a small armadillo. He waddles along, going about his simple day, searching for lunch and taking care of home.

The fox waits in cunning silence at the juncture in the trail. The hedgehog, minding his own business, wanders right into the path of the fox. "Aha, I've got you now," thinks the fox. He leaps out, bounding across the ground, lightning fast. The little hedgehog, sensing danger, looks up and thinks, "Here we go again. Will he ever learn?" Rolling into a perfect little ball, the hedgehog becomes a sphere of sharp spikes, pointing outward in all directions. The fox, bounding toward his prey, sees the hedgehog's defense and calls off the attack. Retreating back to the forest, the fox begins to calculate a new line of attack. Each day, some version of this battle continues between the hedgehog and fox, despite the great cunning of the fox, the hedgehog always wins.

The parable of the Hedgehog and the fox is an important one for our association. For the last 40 years, Northwest ACUHO has had a simple mission: to provide opportunities for its membership to expand their professional development through conferences and workshops, but most importantly, to develop long lasting professional relationships. Over the years, our Association has had many humble and hard working stewards -Ed Bryant, Oregon State University, Kay Rich, Western Washington, Geoffery Ward, Simon Frasier University, and Jason Hunter, University of Alberta- to name a few who have led our Association with your interests at the heart. It is with this legacy that the 2003-04 Executive Board accepts the rain stick and will continue the stewardship handed to us.

This past February, NWACUHO and WACUHO partnered to provide the first ever joint regional meeting

in Seattle. By all accounts, it was extremely successful.

There were 380 delegates in attendance, 67 exhibitors, and 80 program sessions. The special events included an opening extravaganza at Paul Allen's Experience Music Project, "Night on the Town" at 5 different Seattle locations, and the Closing Banquet. Liisa Gibbons, University of Victoria, was voted Best of the Northwest for her program – **Res Life and Disordered Eating**. Kay Rich, Western Washington University, was given the Lifetime Achievement Award from the Association for her many years of dedication and commitment to the mentorship of many young professionals.

At the Town Hall meeting in Eugene, Oregon in 2002, the membership expressed an interest in having a two-day intensive workshop, based on the National Housing Training Institute model, to enhance the skill level of midlevel professionals. Mike Segawa and Kay Rich led the effort to organize the first ever West Coast Midlevel Institute, which took place prior to the conference. The Institute was a great success! The learning achieved by the participants far exceed the organizers' goals, and the participants had a unique opportunity to network with many senior level professionals who are nationally recognized in both Housing and Student Affairs

At the Spring Executive Board meeting, we will begin to chart our goals for this upcoming year. It already is shaping up to be quite spectacular. The University of British Columbia will be hosting the 2004 Conference in Vancouver, BC. There are plans to have the first Residence Life and Technology drive-in workshop at the University of Washington in the fall. We are accepting bids for our annual student leadership conference NWRLLC that will be held in January 2004.

Like the hedgehog, we are steady and consistent, not flashy, but with a lot of substance. We look forward to seeing those of you attending ACUHO-I at the regional reception, and hopefully we can win the Volleyball Tournament. On behalf of your Executive Board, I would like to wish you great success with the end of the academic year and a fun and productive summer

Vinnie Gore
President - NWACUHO

At this year's conference, eight people signed up to join the NWACUHO Diversity Committee. A diverse group with representation from Alberta, BC, Washington and Oregon, we have started with some email introductions and brainstorming for future committee activities. So far, ideas include:

- o Having regular Soundings articles on various diversity issues
- o Hosting a regional workshop on diversity for students/staff
- o Compiling a list of resources our schools have regarding diversity issues and contact people at each school
- o Developing an online personal diversity assessment
- o Compiling a diversity/multicultural reading list for housing professionals
- o Opportunities at the annual conference such as hosting a round-table on diversity issues in Housing

Our challenge will be working together when we live so far apart and only come together once a year for the conference. However, with some creativity and a lot of on-line collaboration, we're sure to be successful. If you are interested in joining us, please email the committee chair, Patty Hamblar, at pattyh@housing.ubc.ca. For more information on the Diversity Committee, visit the NWACUHO website. Also, stay tuned for discussion on the new NWACUHO Chat Board (have you signed up yet??).

Diversity Issue: Being an Ally in Housing

I recently had the opportunity to attend two great workshops on LGBQTT (or LGBQTTA) issues. The first was at our annual conference in February. Dana Pysz from Loyola Marymount University facilitated a workshop which looked at how LGBQTT issues are portrayed in the media. We had some great discussion about how we can be more inclusive and supportive as housing professionals. The second workshop was back on my campus at UBC. Last year, our campus Equity Office started a Positive Space campaign. Volunteers attend a three-hour workshop on LGBQTT issues. They are then designated as resource persons for the campus and given a Positive Space sign to post in their workspace. These workshops are open to students, faculty and staff. I attended one of the workshops a few weeks ago and it

was great to spend three hours with a group of open-minded individuals and to receive an excellent package of resources. I had some time to reflect on what it means to be an ally in housing and residence life. I found one of the handouts particularly useful and thought I'd share some of the suggestions on "guidelines for positive interactions with LGBQTT people:

- o Explore your feelings, values, beliefs, and thinking about LGBQTT people. Examine your own biases. (I had to be honest and admit to myself that I still had some biases towards transgendered individuals and it helped to learn more about their experience and issues and reflect upon my beliefs.)
- o Don't be surprised when someone comes out to you. Be affirming and recognize that it is a privilege that they trust you enough to share this information.
- o Provide a positive atmosphere for those who are or think they may be LGBQTT. Respect confidentiality.
- o Education yourself about LGBQTT concerns. Be informed. Most of us are products of a homophobic and transphobic society. It is important that you are aware of the needs of LGBQTT people.
- o Keep your awareness of community resources up-to-date.
- o Avoid language that implies all people are heterosexual, e.g., "boyfriend, girlfriend."
- o Advocate for and participate in educational programs for your staff.
- o Remember that oppression suffered by lesbian women differs from the oppression suffered by bisexual people, which differs from the oppression suffered by gay men, which differs from the oppression suffered by transgendered people. LGBQTT people who are also members of other minority groups are oppressed in multiple ways.
- o Challenge bigoted remarks and jokes.

And, one final suggestion of my own: if your campus has a program similar to Positive Space (www.positivespace.ubc.ca), get involved! If no such program exists where you work, talk to your campus equity office or student LGBQTT group about starting one.

THE ALBERTA UPDATE

Warm greetings from NWACUHO member institutions in Alberta. The snow, although it continues to tease us, is slowing disappearing. I would like to begin by introducing and congratulating our RLPA (Residence Life Professional Association) executive for 2003-2004.

President: Tracey Mason (University of Alberta)

Past-President: Sean Hunter (Lakeland College, Vermilion)

President-Elect: Sylvia Cholodnuik (University of Saskatchewan)

Secretary: Neil Buddel (University of Alberta)

Treasurer: Marge Nordin (University of Lethbridge)

Conference Chair: Clint Galloway (University of Alberta)

Conference Chair-Elect: Camille McFarlane & Alicia Wight (University of Calgary)

This past year, RLPA continued to serve as a strong association fostering a critical relationship for communication between its member institutions and supporting professional development endeavors for both staff and students. This past year, RLPA provided opportunities to gather with Mount Royal College hosting our fall meeting and the University of Saskatchewan hosting our spring business meeting.

Fostering student leadership (both residence staff and residence hall student governments) continued to be a focus and a priority for a number of institutions in Alberta. First, I would like to recognize and thank the University of Alberta for hosting this year's RHAWC (Residence Hall Affiliation of Western Canada). Student leaders and staff advisors provided an excellent program for student interaction and development. Second, the RLPA continued to support the recognition of our student leaders by facilitating and supporting the Student Leadership Society, created three years ago to recognize student involvement in residence life. Student leaders are nominated by professionals of member institutions and are selected and approved for formal recognition from the RLPA.

Many institutions are in the midst of coping with tougher operating budgets amongst changing administrative priorities and diminishing support from the provincial government. I believe that many of our colleagues are faced with designing more creative programs, completing

much needed construction and maintenance projects, with less resources. Construction plans and new buildings continue with the University of Alberta opening a new facility in late July, and the University of Lethbridge, University of Saskatchewan, and Mount Royal College all involved with new facilities projects.

Housing information management and related software systems are under review by a number of institutions. The University of Calgary recently completed the installation of new residence management software that includes web-based applications, incident reporting, and facilities support modules. Students and student staff will be able to access these services from their own residence rooms.

Enjoy the spring. Please feel free to contact me with any questions. To the Alberta crowd, if you have announcements you wish me to pass along in our next update, kindly contact me at jllynn@ucalgary.ca.

BC UPDATE

Comings & Goings

Simon Fraser University (SFU) is saying good-bye to Suzanne Jolly, Residence Area Supervisor, who some of you may have met at the conference in February. Suzanne is excited to be doing her grad studies at the University of Vermont where she will be continuing to work in residence life. The Residence Area Supervisor position will be posted in mid May, with hopes of having a new Residence Area Supervisor by the beginning of August. SFU is also looking forward to posting the Assistant Director of Residence Life position in the upcoming weeks. The University of British Columbia (UBC) is sad to say good-bye to Chad Elliott, Residence Life Manager, Leadership, Development and Training. Chad is heading to the University of Alberta to do his MBA in Sport Management. UBC is currently undergoing a search to fill this position. As well, Okanagan University College in Kelowna is recruiting a new Residence Life Coordinator.

Construction

Demand for university housing in British Columbia is huge. UBC, the University of Victoria (UVic), and SFU all have construction projects underway. At UBC, construction of a new 100-bed traditional-style building is

scheduled to be finished in time for September move-ins. At UVic, their new cluster housing (4 bedroom apartments) is nearing completion, and will be ready for September move-in. There will be 114 new beds. They will start construction this fall for another new single student housing which will be ready for move in September 2004. At SFU, their new complex will consist of two eight-story buildings each housing approximately 250 students. New to SFU will be a dining hall which will offer a mandatory meal plan to the two new complexes and an optional buy-in plan for the other buildings in residence. Opening for these buildings is scheduled for September 2004.

BC Scholarship Winner

Liisa Gibson of UVic is the proud winner of the NWACUHO's annual Best of the Northwest award. Liisa presented on eating disorders and residence life at the annual conference in February. She has received sponsorship from NWACUHO to attend the annual ACUHO-I conference in Las Vegas and is very excited to represent NWACUHO with her workshop. This will be Liisa's first ACUHO-I conference.

OREGON UPDATE

Oregon State University

Construction fencing is up and in early May OSU will begin the \$17M renovation of venerable Weatherford Hall (1928). The renovated residence hall will feature an Entrepreneurial Learning Program, sponsored in conjunction with OSU's colleges of Engineering and Business. Approximately \$5M in private donations has been secured for the hall renovation and program. The hall is scheduled for reopening in Fall 2004.

Second-year graduate student Resident Directors in the College Student Services Administration (CSSA) program have just completed their comprehensive exams and are actively searching for full-time professional positions. Laura Tripp, Julie Johnston and Jessica Reynolds are engaged in the employment search, and Ben Hahn has accepted a Residential Life position at the University of Puget Sound. RD newcomers in the CSSA program for Fall 2003 are Shelly Clark (Southern Oregon Univ), Emily Boling (Drury Univ), and Evan Hudson (Univ of

Wyoming). Dining Services has been doing its part to put us on the region's culinary map. At the February NACUFS conference in Portland, Chef James Ludwicki brought home a bronze medal, the first American Culinary Federation medal won by an OSU Dining Services staff member. Closer to home, OSU catering employee and student Jayme Shaimamura recently won First Place for his pastry creation in the Linn-Benton Arts Council "Chocolate Fantasy" competition.

Tymmy Flynn, newly-elected RHA president and NCC of the Year (PACURH), will be leading a delegation of 13 OSU students to North Carolina for the NACURH conference in late May. OSU will be defending its title for the National Spirit Award that it has won for the last two consecutive years.

University of Oregon

Never underestimate the ability of NWACUHO to influence your student staff! After being "wowed" by Dr. Ed Taylor as a keynote speaker during our annual conference, the University of Oregon invited Dr. Taylor to provide training to our student staff in a half-day Multicultural Competence Training session. Our students got a great deal out of this engaging and enlightening session. If you're in need of a "diversity day" presenter for professional or student staff, Dr. Taylor is highly recommended.

Speaking of student staff training, University of Oregon is trying something new this year for our Spring R.A. Class. Recognizing the work other campus offices do to train student leaders in the Spring, we've combined four of our meeting sessions with Learning Communities and the New Student Orientation Program; this attempt to collaborate with colleagues not traditionally involved in RA Training has allowed us to do combined training on Ethics, Intercultural Competence (Dr. Taylor), Academic Development, and Peer Counseling. Our student leaders hear consistent messages regarding these four essential issues and have inter-office connections that didn't exist before. We'll have to see how this training meshes with our Fall Training before drawing conclusions, but so far it seems to be regarded as a success by both staff and students!

WASHINGTON UPDATE

Eastern Washington University:

Eastern Washington University is busily looking for Residential Life Coordinators, as two of their full time staff will be leaving at the end of the year. Interested applicants can contact EWU's Human Resources department or view the listing on-line. Eastern's RHA will be headed to North Carolina to attend the NACURH Conference in May. NRHH is working on the Residential Life Banquet which is held at the end of the year to recognize all the student leaders who have worked so hard.

Pacific Lutheran University:

Residential Life at Pacific Lutheran University is stepping into several Faculty/Student Life partnerships. Fall 2003 will see the beginning of a Chinese language/culture living and learning environment. This pilot program is the result of a heavy investment on the part of both of their Languages & Literatures faculty as well as the Residential Life staff. PLU has grand hopes for a multi-language/culture residence hall in the near future. In addition to this endeavor, they have two more on the horizon. PLU will be working with the academic First Year Experience program to bring it into the residence halls and with the planners for PLU's Lilly Grant to explore and move forward a sense of "vocation" among our students.

Seattle Pacific University:

SPU will be entering it's second year of BRIDGES, two floors (male and female) in a residence hall committed to exploring issues of community and cultural awareness. These floors are predominantly comprised of 50 first-year and sophomore students who seek:

- a unique opportunity to learn about their own and other people's cultures
- valuable opportunities in cross-cultural experiences
- connection with other people interested in global issues and cultural relationships
- opportunities to discuss and learn about Christian understandings of human diversity
- to be change agents within the University, and in a broader society.

Additionally, the BBC will be broadcasting a news piece on abstinence in America.

Journalists will interview residents in one of SPU's theme houses committed to addressing issues of sexual purity among men, rather than addictions related to pornography. These male residents will be interviewed in late April and will be asked how their faith integrates with their mission of promoting abstinence and sexual purity.

University of Puget Sound:

The University of Puget Sound has been busy completing a search for four new Resident Directors. These new live-in positions are part of a restructuring that should allow for more face-time and interaction between student staff and student affairs professionals.

The Social Justice theme living program will celebrate the completion of its first year with a recognition banquet this spring. Residence Life is also excited to have increased the number of student-designed theme houses to a total of 21. On a more somber note, UPS experienced the death of an RA this spring, and the Residence Life staff would like to thank fellow colleagues from within the region who have been supportive during a time of loss.

University of Washington:

The University of Washington has two new initiatives that involve student-staff collaboration and celebration:

TERRY CAFE INTERNATIONAL DINNERS

Terry Cafe is on a cultural expedition: students and staff are eating their way around the world. A true example of "co-programming," the RA staff has coordinated activities and the Terry Cafe staff are providing food for a five-part series of international dinners during Winter and Spring quarters.

RESIDENTIAL SERVICES QUALITY IMPROVEMENT PROCESS

Following recommendations from the Residential Services Quality Improvement Coalition, improvement teams have begun work on near-term and long-range improvements in the four key areas of Community Development, Occupancy Management, Provision of Food, and Staff Development. Performance measures have been developed for each of these areas, and data collection to assist in measurement implementation is taking place.

Washington State University:

WSU has increased the number of Residential Education Directors from 13 to 15 and has eliminated their Undergraduate Hall Director positions. They have maintained the number of undergraduate Advanced Paraprofessional positions by creating 2 more in the Stephenson Complex. Dana Patterson, one of the Assistant Directors, has decided to leave to pursue her Ph.D. and therefore WSU is currently searching for her replacement. Interested applicants can contact the WSU Human Resources Department.

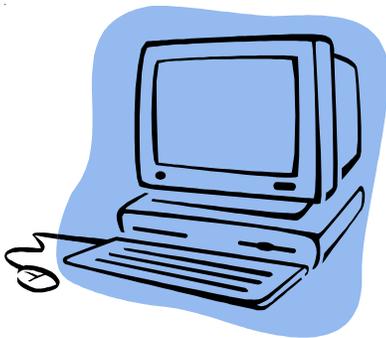
Whitman College:

Whitman College is in the midst of a social norms program. Whitman has also just hired 4 new Resident Directors: Jessie Crabb from Lewis and Clark; Shannon Kirkpatrick, Leann White and Lindsey Hayes from Whitman. Residence Life will be opening a new/old place in the fall called Tamarac House (yes, spelled with no K). It is for students who are interested in the outdoors and they will work with the Whitman outing program. This is in addition to the 11 Interest Houses that currently thrive on campus.



Corporate sponsors and business partners of NWACUHO support our organization by participating in the conferences, sponsoring gifts, give-a-ways and breaks with vendors at the conference. Learning about the wide variety products and services that they provide is part of the educational opportunities available at the yearly conference. A very special thanks to all that participated in the annual conference.

**Leslie Strong
Products and Services**



**NEED INFORMATION ABOUT THE
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Dr. Gene Luna
Director of Student Development
and University Housing,
UNIVERSITY OF SOUTH CAROLINA

Jeff Urdahl
Director of Housing Services,
UNIVERSITY OF SOUTHERN CALIFORNIA

Increasing energy performance and creating healthy environments in University Residences falls into several basic areas. Using water wisely, optimizing energy performance including lighting, lighting controls, heating and ventilation, resource utilization of furnishings and building system, and improving indoor air quality.

Changes in the way we do things can affect our health and our finances in a positive way. Here are some suggestions on how we affect water use, water quality and indoor air quality.

Cleaning

1. Consider cleaning and chemical use. Educate custodial staff and give them tools to control the amount of cleaning agent they use.
2. Select environmentally friendly chemicals for cleaning.
3. Cleaning up water and leaks quickly retards growth of mold and mildew in our buildings.

Floor coverings

1. The selection of materials installed in the facility affects chemical use. Some carpets on the market now are cleaned with water. With new stain blocking treatments additional cleaners are not necessary.
2. Consider the use of no volatile organic compounds (VOC) or low VOC or “peel and stick” adhesives for carpet installation.
3. Consider wood from certified forests (see below under furniture) and use water-based polyurethane varnishes for refinishing.
4. Consider alternatives to vinyl floor coverings such as such as linoleum, rubber, ceramic tile, stone, or stained concrete.
5. Avoiding carpeting in areas where it can harbor fungi, mold, and other allergens.
6. Research carpet recycling programs. Require recycling of carpet that is removed from your facility. It may not cost more than putting it in a landfill.
7. Specify carpet that is manufactured with recycled content.
8. Research the carpet manufacturer’s factory methods and recycling program.
9. Research backings on carpets to extend carpet life. Select carpet backings that can be recycled.

Plumbing

1. Water use may be lowered with installation of low flow plumbing fixtures.
2. Select low consumption clothes washers.

Exterior

1. Select plantings that require less water and use of chemicals. Use gray water run off from roofs to water plants.
2. Limit the use of impermeable surface treatments outside.
3. Consider building finishes that do not require paint maintenance.

Finishes

1. Utilize new generations of paint, sealers and adhesives that contain no volatile organic compounds (VOC) or low VOCs to reduce air pollution and create a healthier environment for students and our employees. Some of these high quality products cost a few dollars more, but induce fewer complaints regarding allergies and sensitivities. If your paint shop has not tried the new products, they may be pleasantly surprised at their coverage, and durability.

Windows, window coverings, and wall coverings

1. Retrofit single pane windows with thermo pane.
2. Consider alternatives to vinyl windows. Vinyl expands and contracts much more than other materials. Unreinforced vinyl may distort with heating and cooling leaving it more prone to air leaks. The effectiveness of seal is related to the design of the extrusion. Research alternatives carefully.
3. Seal leaky windows.
4. Use metal blinds rather than draperies. Draperies hold dust and other allergens and require expensive cleaning and maintenance.
5. Avoid vinyl window shades, blinds and awnings containing Polyvinyl Chloride (PVC).
6. Consider alternatives to wall coverings that contain PVC.

Furnishings and equipment

1. Specify materials from local manufacturers to save transportation costs and air pollution.
2. Purchase items that are durable and can be renewed easily. Replaceable components or removable upholstery contribute to extending the life of furnishings and equipment.
3. Wood furniture that utilizes wood from certified sources is considered “green”. Certified woods are recognized as coming from “well-managed” forests adhering to strict environmental and socioeconomic standards in accordance with the Principles and Criteria of the Forest Stewardship Council (FSC). Utilize wood products purchased from within the United States and not from Rainforests or from Asia. Consider Eastern Hard Rock Maple, and Northern Red Oak, not Asian Oak. Oak and Maple hardwood are from renewable forests in upper Midwest and the Northeast. Utilize woods from local forests.
4. Purchase furnishings that have water based formaldehyde-free finishes.
5. Purchase items that are biodegradable. Some fabrics are biodegradable, some are not.
6. Recycle or reuse items that you currently own.
7. Consider how to dispose or recycle items you are going to purchase when they come to the end of their life. A broken metal and polypropylene chair may be disassembled and recycled. Metal with a vinyl coating is much more difficult to recycle.
8. Use of nylon or polyester shower curtains rather than vinyl.
9. Donate usable furnishings to shelters or to other areas in the University. Avoid disposal costs and landfills.
10. Student recycle centers are good resources when considering disposal of furniture and equipment. They may have the resources to disassemble things into recyclable components.

Heating and Ventilation

1. Energy efficient light fixtures and retrofits make a big difference in energy usage; however water, sewer, heating and cooling of buildings make up an even larger portion of energy costs.

Heating and ventilation may be affected by zone controls, window upgrades. Have an expert consultant identify elements that could increase energy efficiency with an effective payback to the system.

2. Lighting with fluorescents may reduce the cost of cooling building interiors.

Lighting

1. Replace inefficient lighting fixtures. Understanding the costs to maintain and pay for kilowatts used by old incandescent fixtures or fluorescents with T-12 lamps may make the replacement of fixtures a fiscally responsible choice.
2. New screw fluorescent retrofit lamps are available for enclosed fixtures. Select screw in lights carefully as they differ in many ways. Some lamps ratings are not applicable if the bulb is installed vertically with the socket toward the floor. The costs of screw in retrofits vary widely, but when the right match is found they can save energy and maintenance.
3. Standardize on a limited number of lamp types and purchase lamps in volume. Fluorescents with pin bases are much less expensive than screw types and more likely to stay in the building!

Use resources wisely

1. Purchase items that contain recycled content.
2. Avoid materials that cannot be recycled or are toxic when burned
3. Institute a recycling program for students in the hall to reduce waste disposal cost and transport to landfills.
4. Investigate carpet recycling and consider the manufacture of items including how a manufacturer utilizes post industrial waste, water, and recycled content.
5. Use web resources rather than paper communications.
6. Reorganize space to maximize occupancy rather than building new buildings.

Reduce presence of hazardous materials

1. As we remove and properly dispose of hazardous materials we are increasing the safety of our residents and our employees.

Removal also means that we are not bumping into hazardous materials when emergencies arise or during small -scale renovations.

2. Educate yourself about the methods used in manufacturing purchased products to find out their real environmental impact.
3. Limit the purchase items with contents that are harmful to the environment such as PVC, mercury, or that cannot be recycled.
4. Dispose of mercury containing fluorescent tubes responsibly.
5. Specify low-mercury fluorescent lamps.

Become part of the solution and support a healthy living environment for all of us!

References:

<http://www.buildinggreen.com/menus/ebn.cfm>

<http://www.buildinggreen.com/features/pvc/pvc.cfm>

(Very interesting article on PVC)

http://www.edcmag.com/CDA/ArticleInformation/features/BNP__Features__Item/0,4120,75526,00.html

http://www.usgbc.org/LEED/LEED_main.asp

Leslie Strong

Assistant Director Facilities, Interiors

Western Washington University



For the unbelievably low price of \$95 each, 13 of your colleagues were treated to 2 full days of the first ever Midlevel Training Institute. Sponsored by NWACUHO and Sodexo, this intense and intimate pre-conference workshop gave folks an opportunity to learn from an impressive group of faculty, facilitators, and fellow participants. The goal was to help prepare attendees to move from their present midlevel role to the senior housing officer position. All of the feedback indicates the Institute was successful in achieving this purpose.

Four topics were presented: Ethics by Shannon Ellis (Nevada-Reno), Campus Ecology by Art Costantino (Evergreen State), Quality Practices by Mike Eyster (Oregon), and Future Trends by Harry LeGrande (UC Berkeley). These highly interactive and informative sessions provided a content foundation to the Institute.

Each of the participants was part of a 3-4 person cluster that was facilitated by a faculty member and senior Housing/Student Affairs officer. Those facilitators included Diane Russell (UC Davis), Chuck Rhodes (Sonoma State), Jeff Jordan (Pacific Lutheran), and Connie Hernandez Robbins (San Jose St.). Clusters were used to discuss the presented topics and provide more individualized time for conversations about career paths. Even after the Institute was officially over, faculty/facilitators could be seen engaging attendees in helping them think about their future.

The Midlevel Training Institute was truly a hit with all the participants. Everyone took away valuable lessons, insights, and new found relationships that will help nurture their continued professional growth. Thanks go to the attendees, faculty, and facilitators for making this first ever Institute a great success!

Submitted by,

Mike Segawa

Kay Rich

Co-Chairs

NWACUHO Business Meeting, Seattle Hilton and Conference Center

Seattle, Washington, February 25, 2003, Meeting convened at 4:06pm

Peter Rosenberg: Western District Representative:

- ❑ Thanks to many folks (exec boards from both regions) and co-chairs and program committee, etc.
- ❑ Greetings from the Executive Board of ACUHO-I
- ❑ Annual conference coming up at the end of June. Make reservations soon June 29 – July 1.
- ❑ Support the Western District since this meeting is in our region/district
- ❑ STARS College will be occurring before ACUHO-I. This is for rising stars (undergrads) that may be future housing/Residence life professionals. There has been a grant given to support this program. \$225 for registration for undergrads. Reduced rate if students stay for international conference. (\$125)
- ❑ ACUHO-I is doing strategic planning with Headquarters and foundation to assist in communication and planning 10-year anniversary of central office of ACUHO-I. Looking for feedback on how the format is working.
- ❑ Scholarships still available for NHTI. Great opportunity for professionals who have been in the field for a while.

ACUHO-I President:

- Peter Rosenberg doing great work for the Western District this year
- KUDOS: LA and Vennie, etc. Have done great work doing a combined conference.
- Please complete the international satisfaction survey once it arrives.
- New institutional database from ACUHO-I. This project has been 2 years in the making and will contain institutional database to better assist institutions.
- Please participate in NHTI as a great learning opportunity.
- Encourage institutions to participate in the NACURH conference in North Carolina. Please send a delegation to represent our area.
- ACUHO-I Foundation: Please go to the website and visit and understand the foundation. Many resources come from the Foundation and can benefit our membership.
- Annual Conference in Las Vegas will be “lot’s of fun”. Please join our Western District Rep.

Treasurer:

- Treasurer reports are scattered around the room.
- The 2002 conference was a “very good” year for NWACUHO financially.
- 2002 Annual conference was very good financially for NWACUHO
- We can feel very good about our financial standing as an organization. This organization would be able to survive a substantial hit if there was to be a problem with an annual conference.
- Currently researching other associations to create a financial strategic plan.
- Looking to support more local drive-in and regional conferences.
- Budgeted more expenses for the Executive Board. Because of financial constraints NWACUHO will be offering more support to the Executive Board members.

Committee Reports:

New professional material is now available on the website, with downloadable information available re conferences, committees, etc. Information on committee structures are available for review at the website. Academic Initiatives is working on a drive-in conference for professionals. Also a roundtable for academic initiatives was held at the annual conference this year.

Conference Information:

376 participants and 36 vendors. Mid-Level training institute: Realized a failure to program for those at the mid-level in our region. 13 participants. Sponsored by Sodexo and NWACUHO

Introductions of New Officers: Joel Lynn: Alberta Representative, Tem Sedgwick: Newsletter Editor, Sandy Schoonover: President Elect

Outgoing Awards: Sandy Schoonover: Oregon rep, Kyle Jordan: Newsletter Editor, Jason Novak: Alberta Rep

New Professional Awards:

Matt Rygg – Oregon State

Kim Davison – University of British Columbia

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2003 CONFERENCE PHOTOS



*Left: Proud Pre-Conference attendees.
Below: Group Bonding at its best!*





Above: Nothing but Love!!



Attendees hard at work?



Preliminary Passenger Boarding Call...

NWACUHO 2004: "Reaching New Heights"

We're looking forward to welcoming you aboard Flight 2004 – we're pleased to be offering you non-stop service to Vancouver, BC.

Please allow us to take a few moments to outline the features of this conference. On this year's flight you'll enjoy engaging workshops, spectacular scenery, and luxurious accommodations...as well as full hospitality and entertainment services fit to exceed the expectations of the everyday traveler and conference attendee.

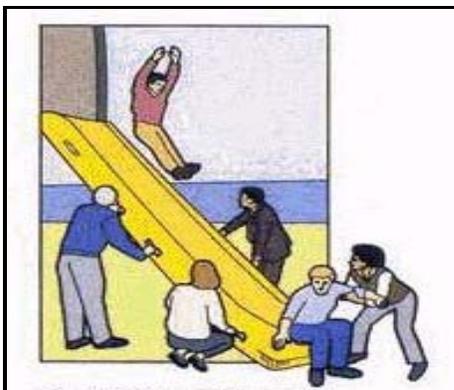
And now an important word about safety – in order to secure your travels on Flight 2004, please pay particular attention to the following website address for more information throughout your flight

www.nwacuho2004.housing.ubc.ca.

Please review the following safety information for flying pleasure.



You may choose to throw your arms in the air and wave them like you just don't care during a keynote.

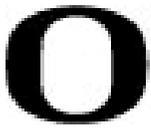


Did you know about the 225' indoor waterslide? Race you down to the bottom.



Yes, the conference facility does have a pool. However, the staff frown on wearing street clothes.

**We hope you enjoy Flight 2004.
Sit back, relax, and prepare to REACH NEW HEIGHTS!**



UNIVERSITY OF OREGON

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